



d/Deaf and Hard of Hearing Runners – Policy

Run South London is committed to inclusivity and accessibility for all participants. This policy outlines the provisions and guidelines to ensure a safe, enjoyable, and inclusive experience for d/Deaf and hard of hearing runners.

Registration & Verification

- We ask d/Deaf and hard of hearing runners to indicate their hearing impairment during registration if you have access requirements that we need to know about.
- If you would like to run with a support runner, a complimentary place will be provided. Please ensure you register your support runner, who must sign up via a reserved entry link.
- To qualify for a support runner place, we ask you to provide one of the following as verification:
 - DID card (National Disabled Identification Card)
 - Recognised Assistance Dog ID card (for runners using a hearing assistance dog)
 - PIP/DLA letter indicating hearing impairment
 - Specialist medical consultant letter confirming hearing impairment
- Our Customer Services team will contact you regarding verification and any specific requirements for race day.

On the Course

- Race instructions are typically provided via loudspeaker, but we also have some visual signage, so we recommend that d/Deaf and hearing-impaired runners position themselves near visual signage or bring a support runner if needed.
- Key race day information, including safety instructions and route details, will be available in a downloadable event guide, one month before the event.
- Marshals and event staff will be there on the day to assist in any way; however, if you have any specific access requirements, we encourage you to contact us in advance.

Medical Assistance

- All participants should be familiar with race emergency protocols. We ask that support runners pay particular attention to any signs or notices on the day, especially in the case of any emergencies.

Support Runner Provision

- Deaf runners can request one free entry place for a support runner if required.

- Run South London will allocate support runner places on a first-come, first-served basis and they may be subject to event and distance capacity limits.

Support Runner Requirements

- We ask that support runners are physically capable of completing the chosen distance.
- We ask that support runners wear a visible “Support Runner” bib during the race.

How We Can Help

- We are committed to fostering an accessible and inclusive environment and will make adjustments wherever possible to support your needs.
- If you require any assistance, please reach out to support@runsouthlondon.com, and our team will be happy to help.