



Visually Impaired (VI) Runners - Policy

Run South London is committed to inclusivity and accessibility for all participants. This policy outlines the provisions and guidelines to ensure a safe, enjoyable, and inclusive experience for VI runners and their guides.

Registration & Verification

- We ask VI runners to indicate their visual impairment during registration.
- As a VI runner, you may choose a priority start (if available) or run within the mass participation field. The priority start will take place in advance of the main field and provides VI runners with their own assembly area and a period of running on open roads.
- We will provide accreditation wristbands for any runners opting for a priority start.
- In order to choose a priority, start, VI runners must take part with a guide runner and meet the criteria outlined below
- To qualify for a Visually Impaired guide place, we ask you to provide one of the following as verification:
 - Certificate of Vision Impairment (CVI) (required for official recognition in the UK)
 - Evidence of being registered as severely sight-impaired (blind) or sight-impaired (partially sighted)
 - DID card (National Disabled Identification Card)
 - Recognised Assistance Dog ID card
 - PIP/DLA letter indicating visual impairment
 - Specialist medical consultant letter confirming visual impairment
- Our Customer Services team will contact you regarding the above verification and preference for starting location.

Guide Runner Provision

- VI runners can request one free entry place for a guide runner.
- Run South London will allocate guide runner places on a first-come, first-served basis and they may be subject to event and distance capacity limits.
- Please ensure that you register your guide runner, by entering their name and email on your entry form. They must then sign up via a reserved entry link which is sent out via email.

Guide Runner Requirements

- We ask that guide runners are physically capable of completing the chosen distance.
- It is recommended that runners and guides train together before the event.
- We ask that guides wear a visible "Guide Runner" bib during the race.
- We encourage runners and guides to wear tethers, but they are not mandatory.

On the Course

- We ask that you keep to the left side of the course to allow safe passage for vehicles.
- Elite race vehicles will sound a horn when approaching; please can you move left to allow them to pass. At some events there is not a lead car, in this instance please expect to receive direction from lead cyclists who will approach from behind.

How We Can Help

- We are committed to fostering an accessible and inclusive environment and will make adjustments wherever possible to support your needs.
- If you require any assistance, please reach out to support@runsouthlondon.com, and our team will be happy to help.